

NAME	BUSINESS / INDUSTRY												
WHAT IS THE STORY YOU TELL YOURSELF THAT HOLD YOU BACK IN BUSINESS													
WHAT ARE YOU GOING TO DO TO CHANGE THESE STORIES?													
THIS WEEK IN BUSINESS													
MATCHED YOUR MESSAGE?	POSTED IMAGE FOR REVIEW?	POSTED COPY FOR REVIEW?	SELECTED LOW COST STRATEGY										
YES/ NO	YES/ NO	YES/ NO	YES/ NO										
WHAT WAS THE BIGGEST ROADBLOCK YOU FACED AND YOUR BIGGEST SUCCESS?													
ROADBLOCK		SUCCESS											
WHAT IS YOUR GOAL FOR THE NEXT 7 DAYS?													
What 3 Big Things do you want to achieve this week. Big Things are tasks that MOVE YOUR BUSINESS FORWARD													
BREAK DOWN THE 3 BIG THINGS INTO WEEKLY ACHIEVEMENTS													
MONDAY	What will you have completed by Monday to make next week a Success												
WEDNESDAY	What will you have completed by Wednesday to make next week a Success												
FRIDAY	What will you have completed by Friday to make next week a Success												
WHAT WAS YOUR BIGGEST TAKE AWAY FROM THIS WEEK?													
Include how many days you hit your goals last week reviewing your HABIT TRACKER from week 1. What was your reward and did you reward yourself?													
WHAT IS YOUR REWARD FOR HITTING YOUR GOALS NEXT WEEK?													
HABIT TRACKER - TICK EACH DAY YOU WIN NEXT WEEK													
MON		TUES		WED		THUR		FRI		SAT		SUN	